

## RESOURCES FOR CYBERBULLYING AND SEXTING

### Cyberbullying resources

Activity:

1. Browse through some of the resources below and save useful links to your social bookmarking account.
2. Find resources in your own language using your own [Safer Internet Awareness Centre](#) and the [LRE Insafe tab](#).

Common Sense Media – lots of useful resources, a toolkit, lesson plans and strategies for prevention plus a good video which encourages teachers in the US to 'Stand up....not Stand by' in regard to cyberbullying.	<a href="http://www.common sense media.org/educators/cyberbullying-toolkit">www.common sense media.org/educators/cyberbullying-toolkit</a>  (Register to gain access to lesson plans and resources.)
Whole-school resource. Cyberbullying –Safe to Learn: Embedding anti-bullying in schools. Good on prevention strategies and AUPs. Dept. of Children, Schools and Families (DCSF) UK	<a href="http://www.digizen.org/downloads/CYBERBULLYING.pdf">www.digizen.org/downloads/CYBERBULLYING.pdf</a>
Digital citizenship resource – includes a film – Let's Fight it Together which is available in different languages and games for young people – it is worth taking some time to browse through this resource	<a href="http://www.digizen.org">www.digizen.org</a>
Classroom resources for teens  Hinduja, S. & Patchin, J. (2010). Ten Ideas for Youth to Educate their Community about Cyberbullying. Cyberbullying Research Center. Retrieved [17-04-2013]	<a href="http://www.cyberbullying.us/teens_cyberbullying_prevention_activities_tips.pdf">www.cyberbullying.us/teens_cyberbullying_prevention_activities_tips.pdf</a>
Fact sheets and Resources for teachers and schools.	<a href="http://cyberbullying.us/resources#educators">http://cyberbullying.us/resources#educators</a>
2013 Action Plan on Bullying for Schools. Department of Education and Skills, Ireland. Discusses cyberbullying and social media.	<a href="http://www.education.ie/en/Publications/Education-Reports/Action-Plan-On-Bullying-2013.pdf">www.education.ie/en/Publications/Education-Reports/Action-Plan-On-Bullying-2013.pdf</a>
Ken Rigby examines 6 anti-bullying strategies used in schools today.	<a href="http://www.bullyingawarenessweek.org/pdf/Bullying_Prevention_Strategies_in_Schools_Ken_Rigby.pdf">www.bullyingawarenessweek.org/pdf/Bullying_Prevention_Strategies_in_Schools_Ken_Rigby.pdf</a>

Upstander video – We are all Daniel Chu	<a href="http://www.youtube.com/watch?v=rpOvYWd4KW4">www.youtube.com/watch?v=rpOvYWd4KW4</a>
Resources from the US – a link to ideas for youth to educate their community about cyberbullying written by Sameer Hinduja and Justin W. Patchin who are two renowned experts in this field.	<a href="http://www.cyberbullying.us/resources.php">www.cyberbullying.us/resources.php</a>  <a href="http://www.cyberbullying.us/teens_cyberbullying_prevention_activities_tips.pdf">www.cyberbullying.us/teens_cyberbullying_prevention_activities_tips.pdf</a>
Cybermentors is part of the Beatbullying programme in the UK – lots of useful resources and information about peer mentoring.	<a href="http://www.cybermentors.org.uk/teachers-and-professionals/resources">www.cybermentors.org.uk/teachers-and-professionals/resources</a>
Real-life stories – from Netsmartz – US resource	<a href="http://www.netsmartz.org/reallifestories">www.netsmartz.org/reallifestories</a>
Discussion starters and tips to prevent cyberbullying	<a href="http://www.netsmartz.org/cyberbullying">www.netsmartz.org/cyberbullying</a>
The story of Ryan Halligan (teenager who committed suicide as a result of cyberbullying)	<a href="http://www.ryanpatrickhalligan.org/index.htm">www.ryanpatrickhalligan.org/index.htm</a>
Cyberbullying – talent show video	<a href="http://www.youtube.com/watch?v=bdQBurXQOeQ">www.youtube.com/watch?v=bdQBurXQOeQ</a>
The cyberbullying virus – good resource by the Ad Council (USA)	<a href="http://www.youtube.com/watch?v=-5PZ_Bh-M6o">www.youtube.com/watch?v=-5PZ_Bh-M6o</a>
Teachtoday - summary of resources	<a href="http://www.teachtoday.eu/en/Useful-resources/Other-resources/Cyberbullying.aspx">www.teachtoday.eu/en/Useful-resources/Other-resources/Cyberbullying.aspx</a>
Advice for parents on what to do if their child is being cyberbullied.	<a href="http://www.acma.gov.au/WEB/STANDARD..PC/pc=PC_312485">www.acma.gov.au/WEB/STANDARD..PC/pc=PC_312485</a>
Tagged video 18 mins Excellent classroom resource from Australia.	<a href="http://www.cybersmart.gov.au/tagged/">www.cybersmart.gov.au/tagged/</a>
Feelings Barometer Game	<a href="http://www.saferinternet.org/c/document_library/get_file?uuid=254ad474-4649-4661-95ff-871a4b326836&amp;groupId=10137">www.saferinternet.org/c/document_library/get_file?uuid=254ad474-4649-4661-95ff-871a4b326836&amp;groupId=10137</a>

## Sexting Resources

Animated videos for the classroom, The Line, Australia.	<a href="http://www.theline.gov.au/follow/2">www.theline.gov.au/follow/2</a>
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'Coatless' from Sheeplive EU videos, available with subtitles in many languages	<a href="http://uk.sheeplive.eu/fairytales/coatless-subtitles">http://uk.sheeplive.eu/fairytales/coatless-subtitles</a>
Safer Internet UK advice and resources	<a href="http://www.saferinternet.org.uk/advice-and-resources/teachers-and-professionals/sexting">www.saferinternet.org.uk/advice-and-resources/teachers-and-professionals/sexting</a>
Tagged: video 18 mins Excellent classroom resource from Australia.	<a href="http://www.cybersmart.gov.au/tagged/">www.cybersmart.gov.au/tagged/</a>
Handbook for Schools. Lesson plans and activities on Sexual violence in digital media. Austria and Belgian Safer Internet Centres.	<a href="http://www.saferinternet.at/uploads/tx_simaterials/Sex_and_Violence_in_Digital_Media.pdf">www.saferinternet.at/uploads/tx_simaterials/Sex_and_Violence_in_Digital_Media.pdf</a>  also available in other languages at this link: <a href="http://www.saferInternet.at/chadvice/">www.saferInternet.at/chadvice/</a>
So you got naked online?	<a href="http://www.swgfl.org.uk/sextinghelp">www.swgfl.org.uk/sextinghelp</a>
Drama focusing on sexting	<a href="http://www.childnet.com/kia/secondary/toolkit-advanced/picture-this.aspx">www.childnet.com/kia/secondary/toolkit-advanced/picture-this.aspx</a>
CEOP- Exposed - video	<a href="http://www.youtube.com/watch?v=9uJOXOAQ9Qo">www.youtube.com/watch?v=9uJOXOAQ9Qo</a>
Sexting - childline	<a href="http://www.childline.org.uk/explore/onlinesafety/pages/sexting.aspx">www.childline.org.uk/explore/onlinesafety/pages/sexting.aspx</a>
First to a million – lesson plans ThinkUKnow	<a href="http://www.thinkuknow.co.uk/first2amillion/">www.thinkuknow.co.uk/first2amillion/</a>
Video from Icelandic Safer Internet Centre, SAFT.  Deals with porn, rape, sexual violence, setting boundaries.	#Fádu_Já (Get Consent) DVD with English subtitles  <a href="http://www.saft.is">www.saft.is</a>
US Safe Center handbook, advice on dealing with trauma, stalking also discussed.	<a href="http://www.thesafecenter.org/images/contentImages/file/SA%20Handbook.pdf">www.thesafecenter.org/images/contentImages/file/SA%20Handbook.pdf</a>

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